2019-20

TRURO SCHOOL

BOARDERS' HANDBOOK

NURSERY | PREP | **SENIOR** | **SIXTH FORM**

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Statement of Boarding Principles and Practice

A LIFE SKILLS ACADEMY

"Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can." John Wesley

Truro School was founded by Wesleyan Methodists in 1879, and the school's boarding community continues to be characterised by the key values and messages of Wesley. Boarding at Truro School is a close community of students of all ages and nationalities and residential boarding staff. The boarders are known very well by the staff who encourage, guide and support boarders to achieve excellence in academic learning habits, social and independent living skills, leadership and service, and planning for university or the workplace. The boarding staff also work tirelessly to instill the Wesley and Cornish values of tolerance, respect, community, humility and kindness.

Boarding offers a special opportunity for students to develop valuable life skills that are becoming increasingly important in the modern world, some of which are outlined below.

To achieve the best possible outcomes in academic studies through the development of independent learning habits such as time-management, resilience, goal-setting, avoiding distractions of mobile devices, studying beyond set home-work and revision techniques. "Having a dedicated prep time in the evenings helps to get work done and you know you will have enough time to complete homework. The evening maths clinic really helps clear up any misunderstanding with key concepts." Jay Osborne (L6 Boarder from the Isles of Scilly).

To follow interests and hobbies outside the classroom and boarding houses such as playing musical instruments, directing the sound and lights for a school play, war-gaming, surfing, keeping fit, and playing basketball. "There is a huge variety of activities both in the afternoons and at the weekends. Boarding makes it easy to be involved with these activities because staff can help us choose what to do and sometimes they even run activities that we request." Alex Azamatov (5th Year Boarder from Kazakhstan).

To develop social skills such as cultural tolerance, living with others, confident interaction with adults, and forming and maintaining friendships. "When I first started the school I knew no-one but boarding and the induction programme quickly changed that and I had friends of all ages and nationalities before my first lesson. It's amazing how quickly your confidence grows when you are living with others, it makes being away from home so much easier." Sophie Poat (U6 Boarder from Isles of Scilly).

To learn independent living skills such as self-organisation, keeping mentally and physically healthy, cooking and financial awareness. "Because I share a room, I have to be aware of my roommate and keep our shared space tidy. We also all help tidy the kitchen and common room which some boarders don't have to do at home! The boarding staff have been really good at helping me get organised with stuff outside of school such as evensong in the Cathedral and cadets." Katie Martin (4th Year Boarder and Chorister from Exeter)

To develop leadership and service skills such as leading a group of peers and contributing to group discussions and decisions. We get the opportunity to organise house activities such as movie nights which is a great time for everyone to socialise. This has allowed me to become more confident as a leader in other areas like sports." Jemma Ball (U6 Weekly Boarder from Cornwall).

To plan and prepare for the workplace and university by choosing the right path, writing letters of application, gaining work experience, writing a CV and practising interview skills. "My tutor and Head of Year have really encouraged me to apply to University and guided me through the whole process, making it much easier" Alec Sharbatian (U6 Boarder from France).

Pupils are provided with three very good meals each day when boarding and the sixth form also have access to the informal environment of the school's café.

WELFARE

Drinks and snacks are also readily available in all of the houses. Welfare support is provided through the pastoral teams in the houses, through class tutors and Heads of Years as well as through the medical team in the Health Centre. Spiritual guidance is provided by the Chaplain and Headmaster. We have our own counsellor as well as an independent listener. The overseas pupils also have access to EAL lessons during the week. At Truro School we also pay attention to 'pupil voice' through house meetings, committees, a house council, surveys and parental feedback.

Welcome to Truro School's boarding community. We hope that the information in this folder will give you an idea of what life will be like as a boarder at Truro School, whether weekly or full.

BOARDING MISSION STATEMENT

The most important aim is to provide all the advantages of boarding education within the wider ethos of the school as a whole. Among the aims of boarding education here, are the following:

1. To live a life which provides boarders with an important moral and social education: they have to *"get on with people"* with many different personalities and backgrounds; they are likely to encounter many situations (major and minor) which call into question a huge range of issues requiring moral judgement. (e.g. respect for other people's property and personality; the problems of peer-group pressure; the relationship between work and leisure).

All this will occur in the context of the care and guidance of the house staff; such issues will be discussed in house meetings and other group discussion as well as in individual contact with staff. Boarders will also be given opportunities for taking responsibility - particularly as they get older, in doing so allowing them to make a positive contribution to the boarding community. The prefect system is one way in which this is done.

The aim is to promote a particular quality of personal relationships. This is sometimes known as *"the hidden curriculum"* of boarding schools, and pupils who have benefited from it tend to find the transition to Higher Education, for example, easier than those who have lived at home until they are 18 or 19 years old.

One aim of boarding, to quote one Housemaster, is to "promote and develop valuable life-skills".

2. To live in a routine which is conducive to good academic performance and provides opportunities for extra-curricular activities, in order to enjoy and achieve. The first aim entails following a regular routine of prep during the evenings together as a group (which is supervised in the earlier years but which entails greater responsibility and self-organisation later). An incidental advantage is that boarders have some opportunity during the evenings to consult staff on academic matters.

   The second allows boarders to participate in a vast array of enjoyable activities, some active to help promote healthy lifestyles, others more creative and relaxing. While providing these advantages of communal living, the school also respects the boarders' need for privacy, and their rights to some of the features of home-life.

The role of the resident House Staff is a vitally important one: they establish the *"tone"* of relationships within the house. They are people that the boarders get to know very well, and that inspire the confidence of boarders. The School expects them to provide boarders with sympathetic attention when they need support and advice; they are also expected to maintain a clear and firm framework of discipline in which the boarders can grow up well. House Staff are also expected to maintain good contacts with parents. The House Staff meet regularly both informally and formally as a group: the purpose of such meetings is not only administrative but also to promote a common sense of purpose. *'Life Lessons'* are led by the House Staff, as parents would at home, on such matters as e-safety, growing up, managing finances, relationships and personal safety which is part of our *'residential curriculum'* .

All House Masters and Mistresses (and Assistants) are teachers within the school and cover a variety of subject areas.

Andrew Gordon-Brown
Headmaster

The Boarding Houses

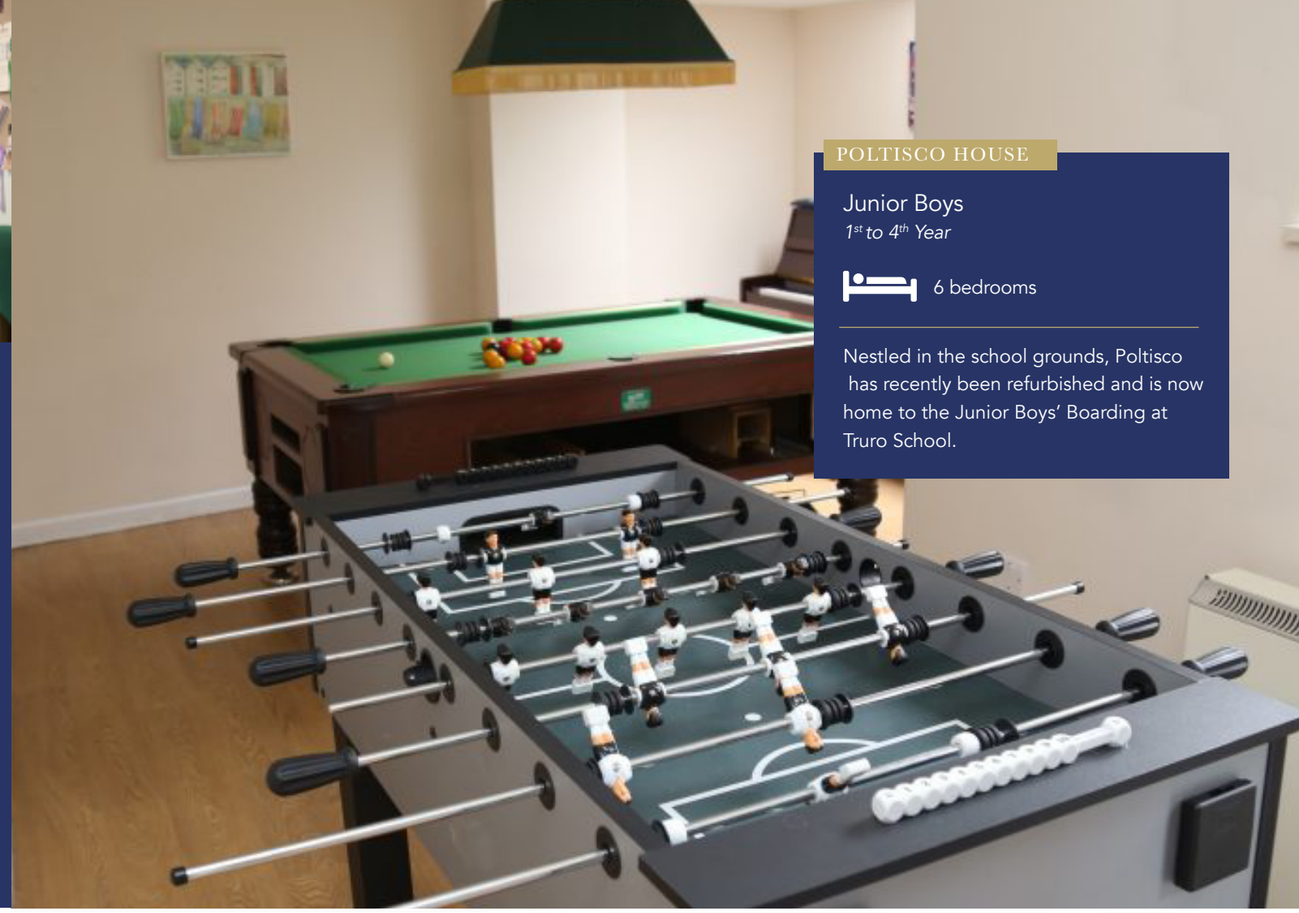
MALVERN HOUSE

Senior Girls
5th Years & Sixth Form

22 bedrooms

The house has a large kitchen with comfy sofas and a lounge area.

Malvern is the perfect place for girls to relax, be happy and enjoy their time with each other.

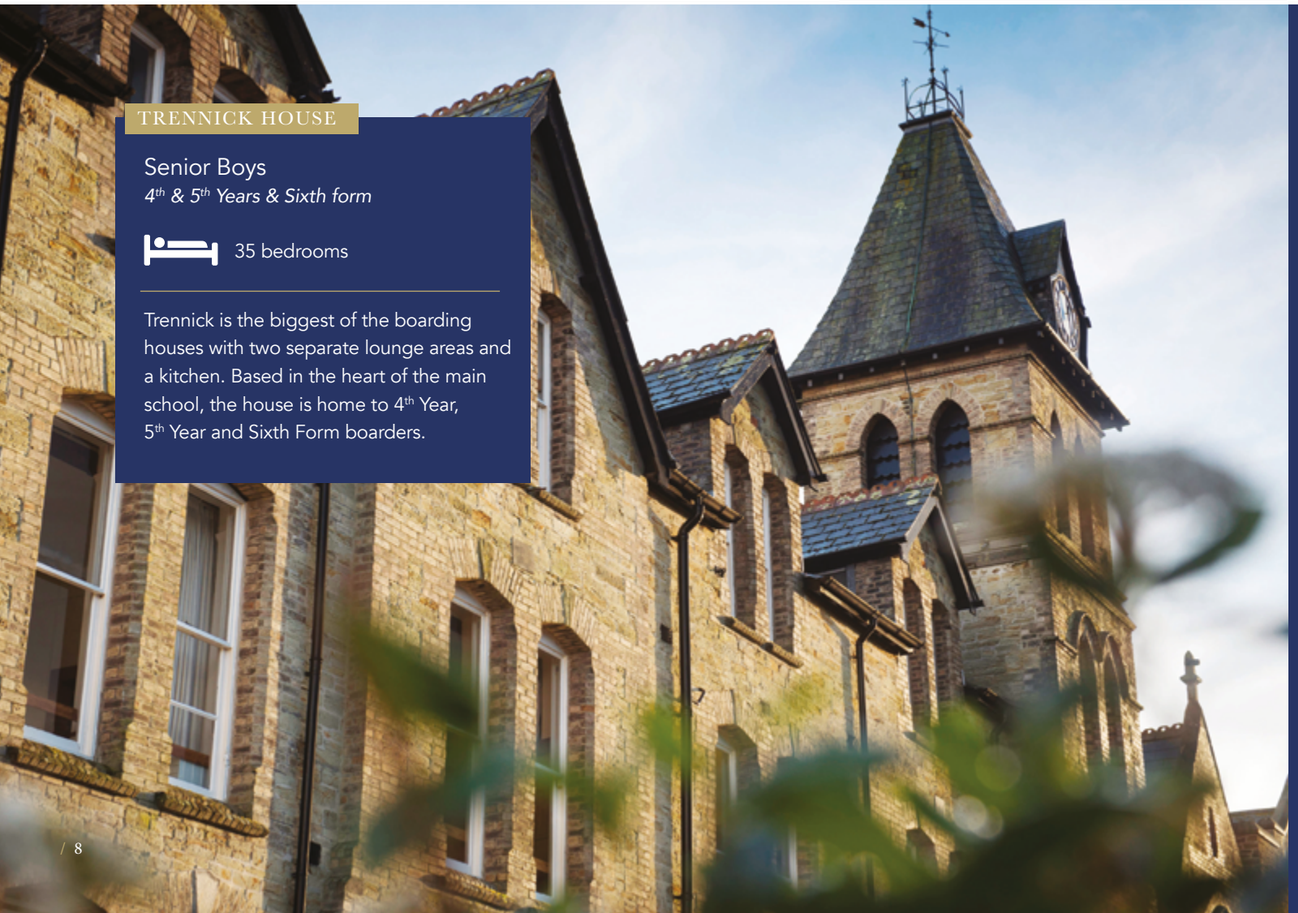


POLTISCO HOUSE

Junior Boys
1st to 4th Year

6 bedrooms

Nestled in the school grounds, Poltisco has recently been refurbished and is now home to the Junior Boys' Boarding at Truro School.



TRENNICK HOUSE

Senior Boys
4th & 5th Years & Sixth form

35 bedrooms

Trennick is the biggest of the boarding houses with two separate lounge areas and a kitchen. Based in the heart of the main school, the house is home to 4th Year, 5th Year and Sixth Form boarders.

PENTREVE HOUSE

Junior Girls
1st to 5th Year Girls

8 bedrooms

Originally opened as a Truro School boarding house in 1930, Pentreve was refurbished in summer 2016 to once again become home to the junior girls boarding community.

The Boarding Team

All of our boarding staff live within the boarding houses and also teach at Truro School. They help to provide a sense of community in a homely environment and are there to personally support the boarders and give them the guidance they require until they leave Sixth Form.

Our house staff are all highly experienced in boarding and have completed Boarding Schools' Association training as well as first-aid and mental health training. They work closely with the school nurses, the Heads of Years, the Chaplain, the Deputy Head (Pastoral) and the teaching staff .

HOUSEMISTRESS: **Mrs Sarah Mulready**

Sarah teaches mathematics, coaches hockey and is Head of Wickett House.
Sarah is highly experienced in Truro School boarding. She has been Resident Tutor for junior boys boarding and Girls' Deputy Housemistress while living in Pentreve. Sarah grew up in Cornwall. She is married and has three young daughters, Poppy, Matilda and Bella, and a son Sebastian. Her husband Damon works locally and also coaches football at the school. Sarah's hobbies include sea swimming, running and enjoying the outdoors with her family.

"Malvern very quickly feels like home; somewhere that the girl boarders feel safe, supported and valued for their own unique talents and abilities. Truro School has a lot to offer, both academically and in the wider co-curricular sense, and I aim to help the girls develop their skills, pursue their dreams, and make lasting friendships"

- Sarah Mulready

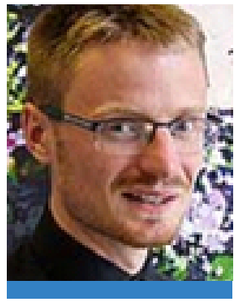
HOUSEMASTER & HEAD OF BOARDING: **Mr Tom Copeland**

Tom joined Truro School in 2016 after teaching at Millfield School in Somerset.
Tom has also taught in boarding schools in Switzerland, Oxford and New Zealand. He teaches maths and enjoys coaching rugby. Tom comes from Truro and is extremely happy to live and work in Cornwall. Alex, Tom's wife, is a History teacher and helps in Trennick. Their eldest son Harry is a student at the school and will be joined soon by his younger brother Charlie. Tom is an enthusiastic cyclist, sailor and hiker.

"Trennick staff and boarders are guided by the Cornish values of community, tolerance, humility, respect and kindness. Boys are encouraged to develop their independent living skills, their social skills, and their hobbies and interests".

- Tom Copeland

RESIDENT TUTOR: Mr Peter Thomson



Peter teaches music and is passionate about sharing his love of all types of music with the boarders.
One of the highlights of the boarding year is the summer term Boarders' Charity Concert which he organises. Peter moved to Cornwall as a choral scholar at Truro Cathedral, and continues to take an active interest in the development of choristers, many of whom board. He enjoys the many weeked boarders trips and activities, and can often be found playing the board-game Risk with the Poltisco boys in the common room.

"Poltisco really is an international 'home from home' and the staff work tirelessly to ensure that the boys gain a positive feeling of mutual respect of different cultures."

- Peter Thomson

RESIDENT TUTOR: Ms Vicky Fiol

Vicky joined the school in 2016, first as a Specialist Teacher, and then as Head of Learning Support.
She moved to Cornwall in 2000 and qualified as a SENCo in 2010, working with several local Cornish schools. Her teaching career has extended across many different types of schools, from large Inner- City London comprehensive schools to small community village schools in Botswana. Vicky has one daughter who is about to begin her Master's in English Literature.

"Boarding in Pentreve allows each girl to flourish, develop in their own time and in their own way, but with the team support of both their own family and their housemistress"

- Vicky Fiol

Travelling to and from Truro School

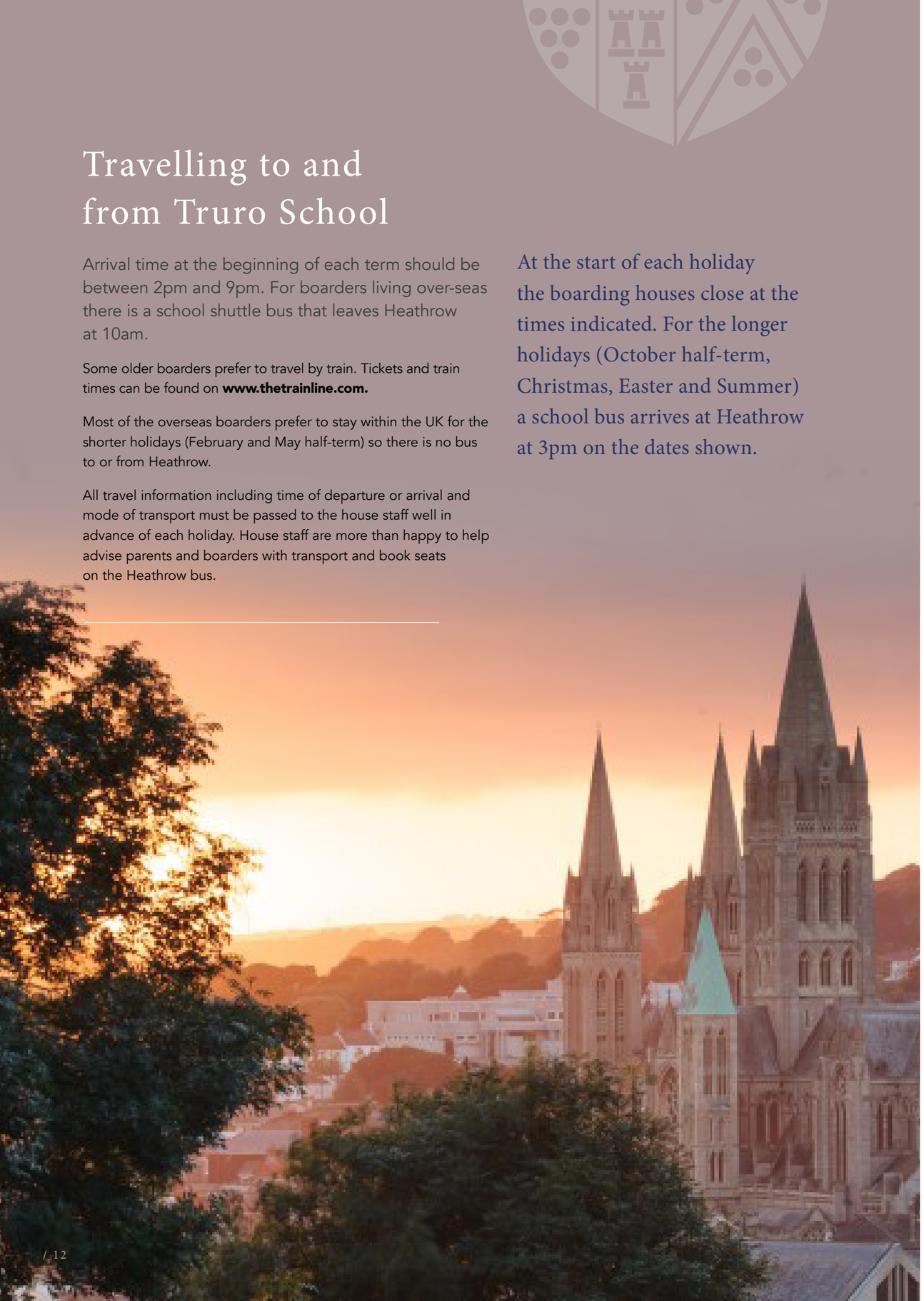
Arrival time at the beginning of each term should be between 2pm and 9pm. For boarders living over-seas there is a school shuttle bus that leaves Heathrow at 10am.

Some older boarders prefer to travel by train. Tickets and train times can be found on **www.thetrainline.com.**

Most of the overseas boarders prefer to stay within the UK for the shorter holidays (February and May half-term) so there is no bus to or from Heathrow.

All travel information including time of departure or arrival and mode of transport must be passed to the house staff well in advance of each holiday. House staff are more than happy to help advise parents and boarders with transport and book seats on the Heathrow bus.

At the start of each holiday the boarding houses close at the times indicated. For the longer holidays (October half-term, Christmas, Easter and Summer) a school bus arrives at Heathrow at 3pm on the dates shown.



Autumn Term 2019

Boarders' Transport departs Heathrow **10am**	Saturday, 31 August
Boarding house open **2pm**	Saturday, 31 August
New boarders arrive – Induction	Saturday, 31 August
Induction Days (1st Year, new students and L6th)	Tuesday, 3 September
Autumn Term begins	Wednesday, 4 September
Half Term *(2 weeks)*	Monday, 21 October to Friday, 1 November
Boarders' transport arrives Heathrow **3pm**	Friday, 18 October
Boarding houses close **6pm**	Friday, 18 October
Boarders transport departs Heathrow **10am**	Sunday, 3 November
Boarders return **2pm to 9pm**	Sunday, 3 November
End of Term	Friday, 13 December
Boarding Houses close **10am**	Saturday, 14 December
Boarders' Transport arrives Heathrow **3pm**	Saturday, 14 December

Spring Term 2020

Boarders' transport departs Heathrow **10am**	Sunday, 5 January
Boarders return **2pm to 5pm**	Sunday, 5 January
Term begins	Monday, 6 January
Boarding Houses close **6pm**	Friday, 14 February
Half Term *(1 week)*	Monday, 17 to Friday 21 February
Boarders return **2pm to 9pm**	Sunday, 23 February
End of Term	Friday, 27 March
Boarding houses close **10am**	Sunday, 28 March
Boarders' transport arrives Heathrow **3pm**	Saturday, 28 March

Summer Term 2020

Boarders' transport departs Heathrow **10am**	Tuesday, 14 April
Boarders return **2pm to 9pm**	Tuesday, 14 April
Term begins	Wednesday, 15 April
Early May Bank Holiday	Monday, 4 May
Boarding houses close 6pm	Friday, 22 May
Half Term *(1 week)*	Monday, 25 May to Friday, 29 May
Boarders return **2pm to 9pm**	Sunday, 31 May
End of Term	Friday, 3 July

Induction for New Boarders

The boarding houses are run by the house staff mainly on trust and respect, hence there are very few non -negotiable expectations. These are simple and straightforward but it is important that they are followed correctly.

Aims and objectives

Many students new to boarding arrive feeling excited and nervous. New boarders are welcomed into the boarding houses which open the weekend before term starts. A full and varied programme of activities then takes place to help boarders settle into their new rooms and quickly make friends with other boarders. By the end of the weekend the new boarders will be fully familiar with the common rooms, kitchens, games rooms and laundry room, the school dining room, the school library, the Sir Ben Ainslie Sports Centre, the nurses and the medical centre, the uniform shop and the City of Truro. They will also take part on a trip to one of the many beautiful Cornish beaches and take part in a water-sports activity such as surfing or kayaking.

NEW BOARDERS WHO ARRIVE IN THE MIDDLE OF THE ACADEMIC YEAR WILL ENJOY A SHORTENED VERSION OF THE WEEKEND INDUCTION PROGRAMME.

Saturday

10:00am	Heathrow shuttle bus departs
2:00pm	Boarding houses open
5:45pm	Welcome supper in the dining room for new boarders and their families
Evening	Unpacking, house familiarisation and social event with other new boarders

Sunday

10:45am	Brunch
11:30am	Beach trip, picnic and ice-cream and surf or kayak lesson
5:45pm	Boarders Supper
Evening	Social event in the senior houses

Monday

8:00am	Breakfast
9:00am	Introduction to Truro Fencing Club, coffee with the Chaplain & briefing with the nurses
12:45pm	Lunch
1:45pm	Introduction to EAL teaching
3:30pm	Familiarisation trip to the City of Truro
5:45pm	Boarders supper
Evening	Basketball, indoor football and gym induction in the Sir Ben Ainslie Sports Centre

Tuesday

8:00am	Breakfast
Morning	1st and L6th School Induction Programme, 2nd to 4th Years School Orienteering Challenge
1:pm	School Lunch
1:45pm	Visit to School Uniform Shop and shopping trip to Truro
5.45pm	Welcome BBQ for all boarders and their families
	Meeting and socialising with returning boarders and preparing for the first day of school

Wednesday *(Start of Term)*

8:00am	Breakfast
8:45am	Registration with tutor group

Pastoral Care

HOUSE STAFF

The Housemaster and Housemistress co-ordinate the pastoral care of boarders and are keen to help and support with the many challenges teenagers face. They are all passionate about encouraging boarders to take positive action which enables them to have the best academic, co-curricular, social and personal outcomes.

The Housemaster/mistress is supported by a team of Resident Tutors who help run the house for one evening per week and some weekends. There are also two Non-resident House Tutors who help during one weekday evening each. All tutors assist with the pastoral care of the boarders and any boarder in any house can turn to any of the tutors for help, advice or support.

Tutors and Heads of Year
In addition to being in the care of a Housemaster or Housemistress, every student is in a Form, and the Form Tutor is an important person with whom students will have daily contact. He or she will be responsible for registering students every day, and is there to help, guide and monitor students in conjunction with house staff as they progress in the School. Heads of Year manage the tutor system and work closely with Housemasters and Housemistresses with pastoral and academic care of boarders.

HEAD OF 1ST YEAR:
Melissa MacLeod
E: mem@truroschool.com

HEAD OF 2ND YEAR:
Catherine McCabe
E: csm@truroschool.com

HEAD OF 3RD YEAR:
Jo Egar
E: jre@truroschool.com

HEAD OF 4TH YEAR:
Roger Picton
E: rtp@truroschool.com

HEAD OF 5TH YEAR:
Glynn Hooper
E: gdh@truroschool.com

HEAD OF 6TH FORM:
Ross Williamson
E: rmw@truroschool.com

Chaplain
The Chaplain, Rev Aubin de Gruchy, plays a key role in the pastoral care of boarders. He regularly spends time in the boarding houses during the evening and he enjoys helping support boarders - especially new boarders during their transition into boarding.

The Chaplain also leads boarders' chapel services which happen once every half-term. He has an office near the Chapel and his door is always open for boarders. Aubin adopts a very non-judgemental and supportive approach and he works tirelessly to promote effective and positive mental health for all students in the school.

Prefects and Buddies
There are a Head of House, Deputy Head of House, and House Prefects for girls and boys boarding who are in the Upper Sixth and live in Trennick and Malvern. Most of them have boarded in the junior houses and are keen to keep strong links with the junior boarders.

Each boarder has a school buddy, who is a day student, and a house buddy, who is a boarder to help them settle in. There are also house prefects whose responsibilities include helping guide and support new boarders as they settle in.

The school has a modern, well-equipped Medical Centre run by Nurse Trevail and Nurse Corden-Lloyd who are both Registered Nurses in Child Health. The Medical Centre is on call 24 hours a day for boarders and is visited weekly by a local Doctor.

Following the completion of the medical questionnaire; total medical care is provided by our medical team. The nurses in the Medical Centre oversee all medical issues. The school has a counsellor which students can access, if school feels that there is a need, without parental consent, as long as deemed to be *"Gillick competent"*.

All our new students have the opportunity to undertake a simple health screen during their first few months at school. This gives the student a chance to meet the medical staff and to check that they are in good health. Health screening includes a check of height, weight, sight, urine and blood pressure. During this check there is an opportunity to talk through any medical issues that may be of concern e.g. asthma, as well as discussing any medication that may be required in school on a regular basis.

There is a clear school rule regarding medication. Any medication being taken on a regular basis must be discussed with the school nurse and be left in the medical centre during school time. Students should not be carrying medication with them at school for the safety of the whole school community.

From time to time your child's health may change. Please advise the Medical Centre of any changes which could be relevant to your child's health in school and we will endeavour to provide support. You may contact the Medical Centre on the direct telephone number: **01872 246020** or by email: **medic@truroschool.com**

Nurse Trevail

Nurse Corden-Lloyd

MEDICAL CENTRE

Nurse Barb Trevail and Nurse Mel Cordon-Lloyd

medic@truroschool.com
01872 246020

Communication between parents and boarders

All boarders must have a mobile phone and the school recommends a smartphone. The school provides wi-fi which allows boarders to communicate home using the internet for free.

The school wi-fi is switched off at night and there will be occasions when boarders hand in their phones overnight in order for them to stand a better chance of getting a good night's sleep. Boarders are welcome to use the house office phone if needed.

TRENNICK HOUSE:
Tom Copeland, Housemaster
E: trennick@truroschool.com
T: **01872 246 033**
M: **07730 525 260**

POLTISCO HOUSE:
Peter Thomson, Resident Tutor
E: poltisco@truroschool.com
T: **01872 246 105**
M: **07841 336 605**

MALVERN HOUSE:
Sarah Mulready, Housemistress
E: malvern@truroschool.com
T: **01872 246 030**
M: **07730 525 261**

PENTREVE HOUSE:
Vicky Fiol, Resident Tutor
E: pentreve@truroschool.com
T: **01872 246 029**
M: **07808 774 357**

MEDICAL CENTRE:
Nurse Trevail and Cordon-Lloyd
E: medic@truroschool.com
T: **01872 246 020**

FINANCE OFFICE:
E: salesledger@truroschool.com
T: **01872 246 015**

DEPUTY HEAD (Pastoral):
Mrs. Emma Ellison
E: eke@truroschool.com
T: **01872 246 067**

DEPUTY HEAD (Academic):
Dr. Shaun Pope
E: skp@truroschool.com
T: **01872 246 021**

SCHOOL OFFICE:
E: enquiries@truroschool.com
T: **01872 272 763**

COMMUNICATION BETWEEN PARENTS AND SCHOOL

Parents can contact the Housemaster and Housemistress through e-mail or the house office phone, which are checked during office hours (weekdays 8:30am to 5pm), or the house duty phone which is answered afternoons from 4pm, evenings, overnight to 7:30am, and all weekend.

Parents are welcome to phone the house mobile anytime if they need to contact their sons and daughters.

ADMISSIONS OFFICE:
Mrs. Jayne Grigg
E: jeg@truroschool.com
T: **01872 246 007**

HEADMASTER:
Mr. Andrew Gordon Brown
E: headmaster@truroschool.com
T: **01872 246 008**

SCHOOL ADDRESS:
Truro School, Trennick Lane,
Truro, Cornwall, TR1 1TH
Office: 01872 246008

Boarders' Code of Conduct

¨ Be respectful to others, their space and property.

¨ Observe and act in accordance with the anti-bullying policy as outlined on the school website.

¨ Respect other peoples working patterns – for example by being quiet when roommates want to finish work in free time.

¨ Be polite – whether there are adults present or not – open doors, greet staff and visitors, be helpful and use good language.

¨ Trust each other, and be trustworthy, honest, kind and considerate.

¨ Look after each other. We all have a responsibility, adults and students, to make sure that boarders are safe and happy. This also includes situations outside of school.

¨ Challenge yourselves and develop your interests – there are lots of opportunities to try new things and see new places – make the most of them.

¨ Have fun! Enjoy each other's company and being part of a community as well as being an individual.

Boarding House Rules

The boarding houses are run by the house staff mainly on trust and respect, hence there are very few non -negotiable expectations. These are simple and straightforward but it is important that they are followed correctly.

Boarders must be up on time and ready for school at morning roll call.

1st – 5th Year boarders may not return to the boarding house from 8am – 3.45pm. Lower Sixth boarders may return during lunch time only and must be back in school by 2pm. Upper Sixth may return to the house after 12pm. Sixth Form boarders must sign out of school in the Sixth Form center and in/out of the house.

Bedrooms need to be kept tidy, beds should be made and curtains/blinds should be opened each morning. Boarders should help to keep the common rooms, games room, computer room and kitchen tidy. Boarders should change their bedding once a week, this will be on a certain day for 1st – Lower Sixth boarders, Upper Sixth should ensure they do this at some point each week.

Boarders can only enter another boarder's bedroom when the boarder is present.

All boarders should have a charged mobile phone on which they have stored the house duty mobile number. It is the boarder's responsibility to inform the house staff of any number change. When going off campus boarders must take their phone and answer it if the member of staff on duty calls them.

Boarders must sign in and out of the boarding house and include precise and legible information.

Guests to the house must be signed in and introduced to the duty staff. They must stay in the communal areas and are not permitted in bedrooms. Guests remain the responsibility of the boarder that signed them in and they must sign out when they leave. Guests are not permitted during prep time.

On a weekday, 1st – 4th Years may visit Truro between 3.45pm and 5.30pm; they must go in at least pairs, sign out, and go a maximum of twice a week. 1st – 4th Years may visit Truro at the weekend but must be back for roll calls. 5th Year and Sixth Form may visit Truro more regularly in the week; they must sign out but can go alone. In the evenings 1st – 4th Years may not visit Truro. 5th Year and Sixth Form may visit Truro with the permission of the member of staff on duty who will agree timings and locations.

Weekend travel arrangements must be clarified in advance and no later than Thursday evening. The correct permissions must be sought from the parents of the boarder, the house staff and the parents of the pupils whose house they may be visiting.

Under no circumstances must any boarder travel in a car, with the exception of their family car, without the express permission of their parents and Housemaster/mistress.

Meal times are compulsory and a chance to spend time as a community as well as to eat. Mobile phones are not to be used in the dining hall and will be confiscated and kept by the house staff if used.

The main door must always be closed. Boarders must not share the key code with anyone; this will ensure the house and boarders belongings are secure.

Valuables and large sums of money should be locked away or given to a house parent for keeping in the house safe; pocket money and passports can be signed in/out when needed.

Any breakages, accidents or damages to the house should be reported immediately.

No alcohol, drugs or smoking/vaping is permitted.

Food in the fridge should not be eaten by anyone other than the person who bought it. When taking food from the supper box be fair; the items are for the whole house.

During prep boarders should be quietly studying, revising or reading around a subject. 1st – 4th Year boarders will hand their phones in at prep time.

Boarders must stay in their bedrooms after lights out unless there is an emergency.

Attendance at roll-calls is compulsory.

Washing machines and tumble dryer must not be on at night, they will be turned off by the member of staff at 10.30pm regardless of whether they are mid cycle.

The boarding house should be quiet in the late evening to allow boarders early to bed to sleep. For the junior houses this is from 9.30pm and for the senior houses 10.30pm.

Boarders must follow the daily routine as displayed on the house noticeboards.

Sanctions, that include early to bed, early wake up and gating (evening and weekend) may be issued to boarders who do not follow the boarding rules and routines.

Phones and other electric devices should be charged on a hard surface such as a windowsill or desk. Electric sockets should not be overloaded - safe extension cables should be used. All electric plugs will be tested for safety before use.

In the event of a medical emergency boarders should contact the member of staff on duty.

If the fire alarm goes off, boarders should immediately evacuate and go to the assembly point. There will be at least one fire evacuation drill each term.

Each boarding house is made up of:

- twin or triple bedrooms for 1st to 3rd year boarders
- twin bedrooms for 4th and 5th year boarders
- single bedrooms for Sixth Form boarders
- kitchen with fridge, microwave and kettle
- common room
- games room
- bathrooms
- laundry room with washing machine, dryer and iron
- study room with computers linked to the school network
- accommodation for Housemaster/mistress and Resident House Tutor

Inside a boarding house

Students' Rooms
Depending on their age, students may have their own room (mainly sixth form) or they may share in a larger room. Everyone has their own bed, wardrobe, desk, chair, storage space and a lockable space. Each student also has a personal pin-board so they can bring along photographs and posters which they can put up to quickly make their room feel like home.

Bedding, pillow, pillow cases, duvets, duvet covers and sheets are provided but many boarders prefer to bring their own from home.

None of the rooms in Truro School's boarding houses are 'en suite' but there are many showers and toilets close to each bedroom. The communal areas of each boarding houses are cleaned daily. Boarders' bedrooms are cleaned several times a week.

Safety and security
The entrance door to each boarding house is opened using an electronic wristband or by entering a code on a combination lock. After bedtime the member of staff on duty ensures that windows and doors are secured before turning on an intruder alarm. Overnight a security company patrols the site. Fire drills are carried out once a term. New boarders will be fully briefed about safety and security during their induction.

Clothes, passports, phones and pocket money

Passports and pocket money
All boarders are provided with a lockable space in which they should keep wallets and other valuables. 1st to 4th year boarders are encouraged to hand their passports and pocket money in for safe keeping in the house office. They are welcome to withdraw pocket money and their passports whenever needed. 5th year and Sixth Form boarders are encouraged to look after their own passports and pocket money - many open a back account with a local bank. In an emergency boarders may take a cash advance from the Finance Office the sum of which will be added to their school bill. There will be a 5% charge on cash above the sum of £20 being taken out by boarders.

Mobile phones
Each boarder needs to have a working mobile phone so that they can be quickly contacted by staff or they can contact staff when they are off campus such as visiting Truro or on a weekend boarders' trip. Mobile phones must have a security code and should be marked with the student's name.

School Uniform
For full details of uniform, games kit and equipment please see the parents' handbook which can be found on the school website. The uniform shop is on-site and open most days. New boarders have reserved access to the uniform shop for an afternoon during their induction.

There are many clothing shops such as Primark and Marks & Spencer in Truro. These shops are within a ten-minute walk from the school and boarders can visit Truro during the afternoons and weekends. Other clothing and equipment boarders should bring with them:

- two or three sets of clothes to relax in such as jeans, trainers, t-shirts, jumpers, and shorts
- wash-kit and towel
- waterproof raincoat
- optional sheets, duvet covers and pillow cases (these are also provided in the houses)
- optional swimming kit for use at the beach and swimming pool
- optional sports kit (this could be school games kit) evenings use
- mobile phone and charger
- optional personal items for bedroom such as photos and pictures

Laundry
Boarders can wash, dry and iron their clothes in the house laundry room or can send it to the school laundry. The school laundry returns washed and ironed clothes within a few days. The importance of having items of clothing and all possessions clearly named and the importance of keeping valuable items in lockable spaces cannot be over-emphasised.

Stationery and school equipment
Tesco's supermarket and Office Outlet are two stores that are within a ten-minute walk from school. Boarders will be taken to these two stores during their induction. There are several other shops in the city of Truro which is within a fifteen minute walk of the boarding houses.

Food and drinks

Breakfast is eaten in the school dining room and consists of cereals, toast, fruit juice, hot drinks and either a selection of continental pastries or a full English cooked breakfast.

At lunch time boarders have the same options as the day students:

- Hot or Cold Buffet
- Pasta and Jacket Potato Bar
- Take-away picnic lunch
- Sixth Form Cafe (Sixth Form only) and Resident House Tutor

Boarders' supper is also served in the school dining hall but it is much more relaxed than the school lunch time. Boarders can sit where they want and with whoever they want, staff and their families will be dining with them and it is a very social occasion.

At weekends breakfast and lunch are combined into one meal called brunch which is served mid-morning. Boarders can take away sandwiches and brunch items to eat later in the day.

The catering staff provide a three week menu which is published on house notice boards so our students know what to expect in advance.

Sample Supper Menu:

	Monday Supper	**Tuesday** Supper	**Wednesday** Supper	**Thursday** Supper
Main Course	Cajun Griddled Chicken with Mango Mayo	Turkey Breast Strips in Peanut and Chilli Sauce with Wholemeal Coconut Rice	Chicken Thighs with Sweet Pepper and Pepper Sauce with Baby Pasta Shells	Minted Lamb and Apricot Tagine with Couscous
Main Course	Minced Beef Stuffed Tomato with Parmesan	Roast Maple Syrup and Grain Mustard Gammon with Mustard Béchamel	Escalope of Pork Neapolitan	Summer Chicken, Carrot, Celery, Pea, Parsley and Pot Barley Stew
Vegetarian	Quorn 'Meatballs' with Spaghetti in Tomato Sauce	Stuffed Portabella Mushroom	Aubergine and Courgette Parmigiana	Spinach and Feta Filo Pie
Vegetables or Potatoes	Courgettes, Sugar Snaps, Croquette Potatoes	Cauliflower, Runner Beans, Parsley Potatoes	Peas, Broad Beans, Green Beans and Garlic Bread	Broccoli, Swede, Gratin Potatoes
Hot Dessert	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice
Cold Dessert	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad
Pasta Bar	Chiefs choice	Chiefs choice	Chiefs choice	Chiefs choice
Jacket Potatoes	Cheese, Baked Beans, Tuna Mayonnaise	Cheese, Baked Beans, Tuna Mayonnaise	Cheese, Baked Beans, Tuna Mayonnaise	Cheese, Baked Beans, Tuna Mayonnaise
Salad Bar	Selection of Plain Mixed Salads and Main Dishes	Selection of Plain Mixed Salads and Main Dishes	Selection of Plain Mixed Salads and Main Dishes	Selection of Plain Mixed Salads and Main Dishes

	Friday Supper	**Saturday** Supper	**Sunday** Supper
Main Course	Beef and Rostii Hot Pot	Mixed Grill	Lemon and Herb Roast Chicken
Main Course	Chorizo and Potato Hash with Fried Eggs		Salmon and Asparagus Pasta
Vegetarian	Sun-Blushed Tomato and Mushroom Frittata	Veggie Sausage, Veggie Burger	Vegetable Gumbo and Rice
Vegetables or Potatoes	Cabbage, Carrots, Herby Mashed Potatoes	Peas and Sweetcorn, Curly Fries	Cabbage, Cauliflower, Roast Potatoes
Hot Dessert	Chefs Choice	Chefs Choice	Chefs Choice
Cold Dessert	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad
Pasta Bar	Chiefs choice	Chiefs choice	Chiefs choice
Jacket Potatoes	Cheese, Baked Beans, Tuna Mayonnaise	Cheese, Baked Beans, Tuna Mayonnaise	Cheese, Baked Beans, Tuna Mayonnaise
Salad Bar	Selection of Plain Mixed Salads and Main Dishes	Selection of Plain Mixed Salads and Main Dishes	Selection of Plain Mixed Salads and Main Dishes

Snacks, such as fruit and hot chocolate are available in the boarding houses for a late evening supper. Other snacks, such as crisps and cakes, are provided at weekends. All boarders have access to their house kitchen and can store their own food in the house fridge. Each fridge has a microwave and kettle.

Sports, music, drama and other activities

MUSIC

Truro School offers opportunities for students to participate in many ensembles, orchestras, bands and choirs. During the school year many of these groups perform in public. In addition, individual tuition is available to all students in the complete range of orchestral instruments such as piano, organ, guitar and voice.

Many boarders take part in the annual school charity concert. A real highlight of the boarding calendar is the boarding charity concert which takes place in May.

Cyrus Chan (Trennick)
in the Senior Charity Concert

TEN TORS CHALLENGE AND DUKE OF EDINBURGH AWARD

The South-West of England is blessed with beautiful hiking are as including the Cornwall Coast Path, Dartmoor National Park and Exmoor National Park. Training hikes and assessed expeditions take place at weekends. Those that take part not only enjoy the stunning scenery but also develop valuable life-skills such as teamwork and self-organisation.

Those that complete the Ten Tors Challenge and the Duke of Edinburgh Awards are presented with medals and certificates to recognise their achievements.

SPORT

Sport is a great strength of the school. There is a wide variety of sports on offer including rugby, football, cricket, tennis, squash, badminton, basketball, rounders, athletics, hockey, swimming and trampolining.

Many of the school sports teams compete in National competitions and have weekly fixtures against local schools. Most boarders are involved with at least one sport and many go on to be awarded their school sports colours. Some boarders take part in local sports teams such as Truro Basketball Club and Truro Fencing Club.

DRAMA

Many of the boarders enjoy performing in the school plays. The main school play takes place in November in the Burrell Theatre.

The junior school play is shown in June and is performed by 1st to 4th year students. Recent productions have included Snow Queen, Fiddler on the Roof and The Odyssey.

Housemasters/mistresses are keen supporters of school plays and will book tickets for the boarders and take them to watch each production.

ACTIVITIES AND CLUBS

Boarders at Truro School can enjoy the huge range of clubs and activities on offer. Boarders can choose to participate in activities such as:

- Chess
- Wargaming
- Snorkelling
- Sailing
- Debating
- Model United Nations

All boarders are expected to develop and follow interests, hobbies and passions that are creative and social. A full list of clubs and activities are in the school calendar.

Sir Ben Ainslie Sports Centre

Boarders are able to enjoy extra use of the outstanding Sir Ben Ainslie Sports Centre during evenings and weekends. Many regularly use the state-of-the-art gym and all enjoy the boarders-only sessions.

Day	Time	Activity
Mondays	9:00pm to 10:00pm 9:00pm to 10:00pm	Seniors' basketball Community swim which seniors can attend
Tuesdays	9:00pm to 10:00pm 8:00pm to 9:00pm	Seniors' indoor football Seniors' basketball
Wednesdays	9:00pm to 10:00pm 8:00pm to 9:00pm	Juniors' gym Boarders only swim
Thursdays	8:00pm to 9:00pm 8:00pm to 9:30pm	Juniors' gym Boarders' astro football
Fridays	8:00pm to 9:00pm 9:00pm to 10:00pm	Boarders' badminton Seniors' basketball
Saturdays	10:00am to 12:00pm	Juniors' gym

- All boarders need to take their school wristband and sign in at reception.
- Boarders who wish to use the gym need to complete an induction.
- This can be booked at the SBA reception and is best booked in pairs.
- Seniors who have completed their induction can use the gym on week nights

Boarders' Saturday evening

On Saturday evenings the boarders in each house come together for a social activity. Boarders are encouraged to put their phones and laptops to one side and enjoy each other's company in a variety of friendly and simple activities.

All boarders contribute to ideas for Saturday evening social activities and in the senior houses these activities tend to be led by the prefects.

Most of the activities are in house or on-site, some are in Truro and occasionally in the Summer Term boarders will go to the nearby Boscawen Park or further afield to the beach.

TYPICAL SATURDAY EVENING SOCIAL ACTIVITIES ARE:

GENERAL KNOWLEDGE QUIZ | BBQ | MOVIE & POPCORN | POOL TOURNAMENT | CHAMPIONS LEAGUE FINAL COOKING SPAGHETTI BOLOGNESE | CHEESE/CHOCOLATE FONDUE NIGHT | OUTDOOR LAWN GAMES HOMEMADE PIZZAS | BOARD GAMES | CARD GAMES | TABLE-TENNIS COMPETITION | CINEMA TRIP MAKE-UP/PAMPER EVENING | PLAYSTATION COMPETITION | TABLE FOOTBALL TOURNAMENT ICE-CREAM AT BOSCOWEN PARK | TRIP TO THE BURRELL THEATRE OR THE HALL FOR CORNWALL CAKE AND ICE-CREAM IN TRURO | T-SHIRT MAKING/DECORATING

Boarders' Trips and Activities

Boarders' trips and activities take place at weekends and occasionally during week day evenings. The trips are an opportunity for the boarding community to come together, to have fun, to learn something new and to give boarders the chance to visit the many attractions of Cornwall.

Cornwall is one of the top tourist destinations in the UK and is blessed with outstanding places to visit.

These include the internationally renowned Eden Project, Falmouth Maritime Museum, and the Tate Modern Art Gallery at St. Ives. Cornwall is one of the top tourist destinations in the UK and is blessed with outstanding places to visit. These include the internationally renowned Eden Project, Falmouth Maritime Museum, and the Tate Modern Art Gallery at St. Ives. There are also many local clubs which boarders join. These include Truro Rugby Club, Truro Tennis Club, Gyllynvase Surf Life Saving Club, Truro Basketball Club, Perranporth Surf School, Truro Fencing Club, Truro Sea Scouts, Loe Beach Watersports Centre, and Truro Hockey Club.

IN ADDITION, THERE ARE THE FOLLOWING ACTIVITIES:

- Surf lessons at Perranporth beach
- Golf at Holywell
- Tate Modern Art Gallery at St Ives
- Go-karting and Quad Biking
- Ice Skating at the Eden Project
- Dry slope skiing and snowboarding at the Plymouth Ski Centre
- Football matches at Plymouth Argyle
- Enterprise Boat trips down the River Fal
- Walking the Cornwall Coastal Path
- Concerts and plays at the Hall for Cornwall Theatre
- Concerts and plays at the clifftop outdoor Minack Theatre
- Combat Lazer (indoors outdoors)
- Horse Riding and Paintballing
- Christmas shopping in Plymouth or Exeter
- National Maritime Museum
- Kayaking and paddle-boarding
- Cookery in the Cookery School

Safeguarding

Boarding staff are fully committed to ensuring the safety and security of the boarders, both physically and emotionally. Child Protection and Safeguarding priorities are met by regular contact with boarders at roll-calls, one-to-one mentoring sessions, clear bed-times, availability of staff during boarding hours and overnight, staff locking the house up and turning on an intruder alarm at night, regular communication between boarding staff, parents and guardians, school nurses, Heads of Year, Chaplain, and Deputy Head (Pastoral). For more details please see the school's Child Protection and Safeguarding Policy which can be found on the website.

Feedback

Boarders are a valuable source of ideas for improving the boarding experience and their feedback is taken seriously. Boarders can approach any member of the boarding staff team with their ideas or any of the boarding prefects. Boarders can also make suggestions at a House Meeting, a House Council Meeting, in the annual Boarders Survey or, if in the Upper Sixth, when they leave at their exit interview. Feedback from parents is also always welcomed either by e-mail, phone-call or in person. If a parent wishes to make a complaint they should follow the school's Complaints Policy which can be found on the website.

Weekday Routine

Monday - Friday Day Routine

7.15am	Wake up. Earlier wake-up can be arranged in advance with boarding staff.
8.00am	Roll call in common room. Boarders must be dressed and ready for the school day. 1st to 3rd Year boarders should inform the member of staff on duty of their plans for the afternoon. Laundry can be left in a bag in the entrance lobby on a Monday and Wednesday morning (or Tuesday and Thursday in Trennick)
8.05am	Breakfast in the Dining Hall
8.45am	Registration in Main School
8.45am – 3.45pm	Lessons. 1st to 5th Years are not permitted to go back to the boarding house during the day. Lower Sixth may return at lunchtime but have to back in school by 2pm. Upper Sixth may return from 12pm if they do not have lessons. They must sign out at the Sixth Form office and then sign in/out at the house.
3.45pm	Boarders must sign in upon arrival back at the house. They must sign out and take a charged mobile phone, and sign back in using the 'Sign In/Out Folder'. Visitors must be introduced to the member of staff on duty who will record the visit in the 'Visitors Folder'. Visitors may only use the common areas of the house.
5.30pm	Roll call in the Common Room (5:40pm for Trennick). All boarders are to be present unless they are at a school club or activity.
5.45pm	Supper in the Dining Hall

Monday - Thursday Evening Routine

6.20 - 7:20pm	1st to 4th Years Prep in library
7:30 - 8:00pm	1st to 4th Years Quiet half-hour in house for tidying studying or mentoring
6.30 - 8.00pm	5th & Sixth Form Prep in library or house

Prep Expectations. Supported learners must hand in their phones, have their planners signed, and their homework checked. Independent learners can study in their rooms and listen to a playlist through headphonesStar independent learners are trusted to self-manage their prep; they may be in the common areas of the house or they may sign out to an onsite activity or into Truro. If all set home-work is completed before the end of prep boarders should continue their studies – for example they can revise, read around their subject, or do something productive like reading a book, newspaper or magazine.

8.00pm to roll-call	After prep, boarders may visit other boarding houses, use the sports hall/swimming pool or use other on campus facilities. They must sign out and in using the signing out book. Visitors from other boarding houses are permitted to visit

	1st & 2nd Years	3rd & 4th Years	5th Year	Sixth Form
Roll-call in Common Room	9.00pm	9.30pm	10.00pm	10.00pm
Start getting ready for bed	9.15pm	9.45pm	10.15pm	10.30pm
Lights out	9.30pm	10.00pm	10.30pm	11.00pm

Friday Evening Routine

As above except;	Prep for all year groups is 6:30-7:30pm in house 5th Year and Sixth Form may visit Truro with permission Bedtimes are 30 minutes later

Weekend Routine

Saturday Routine

9.00am	Wake up
9.30am	Roll call
9.45am	Brunch in the Dining Hall
10.30am – 5.45pm	Free time. Boarders must sign out and in using the signing out book. Any visits further away or overnight stays out must have the permission of the Housemistress/master and the relevant parental permissions must have been provided in advance. \ Weekend plans should be communicated by Thursday evening
1.30pm	Roll call. All boarders to attend unless on a school fixture/activity or away for the weekend
5.30 pm	Roll call (5:40pm for Trennick)
5.35 pm	Evening meal in the Dining Hall
6.30 pm	Roll call in Common Room
6.30pm to roll-call	Boarders are permitted to visit other houses; 5th and Sixth Form boarders are allowed into Truro with permission from the member of staff on duty. All must sign out and in with the duty member of staff. Visitors are permitted to visit with the same conditions as in the week.
Roll-calls	Same time as Monday - Thursday
Bedtimes	30 minutes later than Monday - Thursday

Sunday Routine

10.00am	Wake up
10.30am	Roll call (10:40am for Trennick)
10.45am	Brunch in the Dining Hall
11.30am – 5.45pm	House activities and outings organised. Upper Sixth may be permitted to stay behind. Arrangements will be made for Upper Sixth roll-call at 1.30pm.
1.30pm	Roll-call (if no trip planned)
5.30pm	Roll-call (5:40pm for Trennick). Weekly boarders must sign back in upon arrival back at the house, a weekly boarder should not arrive back before 5.30pm roll-call unless specific arrangements have been made for this.
5.45pm	Supper in the Dining Hall
6.30pm	Roll-call
6.30 – 7.30pm	Prep in the house
7.30pm to roll-call	House tidy up, preparation for the week ahead, laundry etc.
Roll-calls	Same as Monday - Thursday
Bed-times	Same as Monday - Thursday

Other useful information

Train times and tickets to and from Truro Station

www.thetrainline.com

Truro School Policies

These can be found on the school's website. It is worth being familiar with the following policies which are particularly relevant to boarders:

- Behaviour policy—rewards and sanctions
- Guardianship policy
- Missing pupils policy
- Mobile devices policy

Boarders' Blog

Weekly updates from each boarding house are posted on the school's website. The blogs highlight some of the achievements and activities of the boarders and provide a valuable insight into their boarding experiences.

New Pupil Handbook and New Parent Handbook

These can also be found on the school's website and provide useful information about the school especially in terms of lessons and academic study, uniform and equipment, and extra-curricular opportunities.

Truro School ISI Inspection Report 2017

The Independent Schools' Inspectorate carried out a full inspection of the school in 2017 and the report can be found on the school's website. Boarding featured prominently in the report and the boarding community took great pride in the many positive findings, some of which are highlighted below.

"The close and happy boarding community enables boarding pupils to develop a sense of autonomy whilst participating fully in the life of the school."

"International boarders spoke of the carefully targeted and intensive EAL help they received when they first arrived and how this built their confidence."

Campus Map

1 Main Front Door

5 Trennick

29 Poltisco - Approach from Malpas Road

30 Malvern

31 Pentreve

Truro School, Trennick Hill
Truro, Cornwall TR1 1TH
truroschool.com | 01872 272 763
enquiries@truroschool.com

Truro School firmly believe in
nurturing the student both inside
and outside the classroom, so that
they become tolerant, trustworthy, patient
and determined young people.