

## **PSHEE Policy**

*A copy of this policy is published in the following areas:  
The school's website*

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### **A. Introduction**

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All Year groups (1<sup>st</sup> Year – Upper Sixth) receive dedicated PSHEE lessons as part of the curriculum with our Head of PSHEE coordinating a dedicated team of PSHEE staff.

### **Aims of the PSHEE curriculum**

The school recognises its responsibility in developing pupils' spiritual, moral, social and cultural awareness. In addition, the school is responsible for educating pupils on their future economic wellbeing, including providing independent careers advice and guidance. The Personal, Social, Health and Economic Education (PSHEE) programme forms an integral part of how the school meets this responsibility, and development of pupils' SMSC awareness through academic subjects, weekly Chapel services and the day-to-day occurrences in a busy, multi-faith and co-educational Methodist school.

The PSHEE programme leads on, and contributes to the work of other areas of the school, to develop pupils':

- self-awareness, self-esteem and self-confidence;
- understanding and appreciation of others
- understanding of the world around them on a local, national and global level.

In doing so, the PSHEE programme and other areas of school life enable pupils to:

- distinguish right from wrong and to respect the law;
- encourage pupils to accept responsibility for their behaviour, show initiative and understand how they can contribute to community life;
- acquire an appreciation of, and respect for, their own and other cultures in a way that promotes tolerance and harmony between different cultural and religious traditions;
- enable all pupils to develop into young adults armed with the necessary knowledge, understanding and skills to thrive in the society they live in.

## **B. Content and delivery of the PSHEE curriculum**

The PSHEE curriculum is primarily delivered through dedicated lessons in the 1<sup>st</sup> Year through to Lower Sixth and these are supplemented by occasional workshops. The Lower Sixth also have skills lessons. In the upper sixth the students have a mixture of lessons, lectures and enrichment options.

Our current PSHEE programme can be seen in Appendix 1 and the skills topics in Appendix 2

Sex and Relationship Education (SRE) is covered in PSHEE lessons and through talks in chapel and assemblies. In the 2<sup>nd</sup> and 4<sup>th</sup> Year, SRE is one of the components of the PSHEE programme and in the Religious Studies GCSE the Ethics component has three sections on Human Relationships. In the Lower Sixth Brook come to deliver workshops on SRE to the students. The training as part of the Advice, Care, Help and Empathy (ACHE) has two sessions which address the topic of Sex and Relationships, and the majority of our Lower Sixth follow the ACHE programme as well. See our separate Sex and Relationships Education Policy.

## Appendix 1

### PSHEE topics by Year groups for 2018-19

Term	First Year	Second Year	Third Year	Fourth Year	Fifth Year	Lower Sixth	Upper Sixth
Autumn	Settling in Self esteem Praise and Criticism Resilience Good Friendships Values and Goals	Human Rights Diversity, Prejudice and Discrimination FGM Improving Communities The Justice System Peer Pressure	Drug Uses Why Take Drugs? Alcohol Forced Marriage Stable Relationships Marriage and family Separation and divorce Loss and Bereavement	Human rights and international law The legal system in the UK Diversity in the UK How to improve your Community Health and Safety Personal Safety	Post-16 and Post-18 Options Teenage Parenthood Unintended Pregnancy Abortion Social Media Cults, Intolerance and Extremism	Sustaining Health at Uni Cancer Awareness Fertility Infertility Options Mental and Emotional health Stress and Anxiety Depression Self-harm and Suicide Income, expenditure, credit, debt Insurance, savings and pensions Changing Opportunities Employability Strengths, Interests and Skills Info, Advice and Guidance Online presence	Parliamentary democracy Different electoral systems and forms of government De-escalating situations Managing harassment
Spring	Learning skills Teamwork Skills Communication Skills Sleep and Exercise Balanced lifestyle Puberty Health Services Bullying and abuse	Groups and Gangs Functions and Uses of Money Money and Morality UK Political System Voting and Elections	GCSE options Types of work and business Aspiration and Employability Enterprise Employment Law for Young People	Positive and Negative Relationships When is the time right? Consent Impact of Drugs and Alcohol Gender double standards STIs and Contraception	Career Identity Work Experience Work Attitude and Values Sexting Pornography Discrimination and harassment (in the workplace) Rights and responsibilities at work	Substance Use and Misuse Drug Addiction Risks and Consequences of Drugs Impact of Drugs and Alcohol on Sexual Behaviour Personal and Travel Safety Managing changes in relationships Separation, divorce and bereavement Financial products and services Managing financial decisions Mortgages Alternatives to University Gap Years Student finance Critical consumerism Consumer Rights UCAS	Consent Abuse Cults, extremism and radicalisation Forced marriage, honour- based violence, FGM
Summer	Appropriate language Internet Safety Personal safety First Aid	Love and Friendship Intimacy and Consent Feelings and emotions Risks from unprotected Sex Contraception Sexuality	Balanced Diet Body Image Eating Disorders Self-harm Cancer and Prevention	Safer Sex Sexuality Mental and emotional health Stress Management Body image and cosmetic procedures			

## Appendix 2

### Lower Sixth Skills Topics

- lectures, seminars and tutorials, filing and digital filing
- how to take effective notes during lectures
- attitudes towards learning
- half term folder check
- journal hunting (librarian led)
- citations and Harvard Referencing/bibliography
- journals, citations and plagiarism
- touch typing online course and test
- critical thinking 1: elements of reasoning
- critical thinking 2: evaluating reasoning- flaws in arguments
- critical thinking 3: quality of evidence
- critical thinking 4: recognising assumptions, clarifying expressions and ideas
- critical thinking 5: presenting a case
- Study Skills: revision techniques
- Study Skills: mindsets