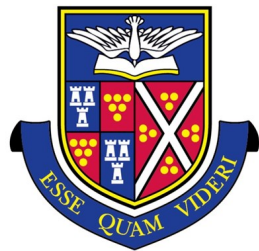




Truro School Boarders' Handbook 2018-19



**TRURO
SCHOOL**

"The close and happy boarding community enables boarding pupils to develop a sense of autonomy whilst participating fully in the life of the school." ISI Inspection Report 2017



Contents

Statement of Boarding Principles and Practice	4
The Boarding Community	5
The Boarding Houses	6
The Boarding Team	8
Term dates and travelling to and from Truro School	9
Induction programme for new boarders	10
Pastoral care	11
Medical Centre	12
Communication between boarders, parents and school	13
Boarding house rules and code of conduct	14
Inside a boarding house	15
Food and drinks	16

Contents

Clothes, passports, pocket money and phones	17
Extra-curricular activities	18
Sir Ben Ainslie Sports Centre	19
Saturday evening socials	20
Weekend trips and activities	21
Daily routine	22
Other useful information	23
School map	24



Statement of Boarding Principles and Practice

History of Truro School

Truro Wesleyan College (referred to as Truro College) was founded by Wesleyan Methodists in November 1879, and on 20 January 1880 lessons began at sites in River Street and Strangeways Terrace, Truro. The present site was completed in 1882. The school was founded as an alternative to the Church of England's ancient Truro Grammar School. The name Truro College was changed to **Truro School in 1931** when it was considered that it was "pretentious...to claim the style of "College" if its pupils are for the most part below the age of 18". The preparatory department was opened in 1936. Girls were admitted into the sixth form in 1976, and it became fully co-educational in 1990. To date we have around 750 pupils of which around 75 pupils are boarders

Boarding at Truro School – the general structure of pastoral care

Truro School has a long history of boarding and believes that the community atmosphere of the school is greatly enhanced by the presence of boarders. Boarding is offered to those pupils (from the UK or overseas) who wish to board either full board, weekly board or flexi board. Boarders although representing only a small percentage of the population are seen as an integral part of life at school, they represent the heart of the school. There are four relatively small houses, two for girls, Malvern for senior girls and Pentreve for junior girls and two boys houses Trennick for senior boys and Poltisco for junior boys. Each house has a dedicated live in Housemaster or Housemistress, a deputy Housemaster or deputy Housemistress and a team of tutors, whose pastoral work is essential to maintain the smooth running of the boarding community and to enhance the quality of life of the pupils whilst they are in school. Boarding at Truro School is overseen by the Head of Boarding, who is also the Housemaster of Trennick House.

Facilities and Opportunities

The boarding houses are continually being upgraded and developed on a rolling programme. All houses have their own separate recreation spaces, separate kitchens, bathrooms and IT suites.

The boarding staff provide an extensive programme of activities for the boarders during evenings and weekends which allows boarders to have access to impressive sports and recreation facilities within the main school campus. Boarders also regularly enjoy cultural activities and organise and attend their own quiz and curry nights. Cornwall naturally lends itself to the outdoors and as a community we certainly make the most of the activities available in this county particularly at the weekends. Boarders can also participate in a flourishing Duke of Edinburgh Award and Ten Tors Competition programme.

Welfare

Pupils are provided with three very good meals each day when boarding and the sixth form also have access to the informal environment of the school's café. Drinks and snacks are also readily available in all of the houses. Welfare support is provided through the pastoral teams in the houses, through class tutors and Heads of Years as well as through the medical team in the Health Centre. Spiritual guidance is provided by the Chaplain and Headmaster. We have our own counsellor as well as an independent listener. The overseas pupils also have access the EAL lessons during the week. At Truro School we also pay attention to 'pupil voice' through house meetings, committees, surveys and parental feedback.

The Boarding Community

Welcome to Truro School's boarding community. We hope that the information in this folder will give you an idea of what life will be like as a boarder at Truro School, whether weekly or full.

Boarding Mission Statement

The most important aim is to provide all the advantages of boarding education within the wider ethos of the school as a whole.

Among the aims of boarding education here, are the following:

1. To live a life which provides boarders with an important moral and social education: they have to "get on with people" with many different personalities and backgrounds; they are likely to encounter many situations (major and minor) which call into question a huge range of issues requiring moral judgement. (e.g. respect for other people's property and personality; the problems of peer-group pressure; the relationship between work and leisure). All this will occur in the context of the care and guidance of the house staff; such issues will be discussed in house meetings and other group discussion as well as in individual contact with staff. Boarders will also be given opportunities for taking responsibility - particularly as they get older, in doing so allowing them to make a positive contribution to the boarding community. The prefect system is one way in which this is done.

The aim is to promote a particular quality of personal relationships. This is sometimes known as "the hidden curriculum" of boarding schools, and pupils who have benefited from it tend to find the transition to Higher Education, for example, easier than those who have lived at home until they are 18 or 19 years old. One aim of boarding, to quote one Housemaster, is to "promote and develop valuable life-skills".

2. To live in a routine which is conducive to good academic performance and provides opportunities for extra-curricular activities, in order to enjoy and achieve. The first aim entails following a regular routine of prep during the evenings together as a group (which is supervised in the earlier years but which entails greater responsibility and self-organisation later). An incidental advantage is that boarders have some opportunity during the evenings to consult staff on academic matters.

The second allows boarders to participate in a vast array of enjoyable activities, some active to help promote healthy lifestyles, others more creative and relaxing. While providing these advantages of communal living, the school also respects the boarders' need for privacy, and their rights to some of the features of home-life.

The role of the resident House Staff is a vitally important one: they establish the "tone" of relationships within the house. They are people that the boarders get to know very well, and that inspire the confidence of boarders. The School expects them to provide boarders with sympathetic attention when they need support and advice; they are also expected to maintain a clear and firm framework of discipline in which the boarders can grow up well. House Staff are also expected to maintain good contacts with parents. The House Staff meet regularly both informally and formally as a group: the purpose of such meetings is not only administrative but also to promote a common sense of purpose. 'Life Lessons' are led by the House Staff, as parents would at home, on such matters as e-safety, growing up, managing finances, relationships and personal safety which is part of our 'residential curriculum'. All House Masters and Mistresses (and Assistants) are teachers within the school and cover a variety of subject areas.



Andrew Gordon-Brown
Headmaster



Malvern House (Senior Girls)

5th Years & Sixth Form

With 22 bedrooms, a large kitchen with comfy sofas and a lounge area, Malvern is the perfect place for girls to relax, be happy and enjoy their time with each other.



Trennick House (Senior Boys)

4th & 5th Years & Sixth Form

Trennick is the biggest of the boarding houses with 35 bedrooms, two separate lounge areas and a kitchen. Based in the heart of the main school, the house is home to 4th Year, 5th Year and Sixth Form boarders.





Poltisco House (Junior Boys) 1st to 3rd Year

Nestled in the school grounds, Poltisco has recently been refurbished and is now home to the Junior Boys' Boarding at Truro School.



Pentreve House (Junior Girls) 1st to 4th Year Girls





Originally opened as a Truro School boarding house in 1930, Pentreve was refurbished in summer 2016 to once again become home to the junior girls boarding community.



The Boarding Team

All of our boarding staff live within the boarding houses and also teach at Truro School. They help to provide a sense of community in a homely environment and are there to personally support the boarders and give them the guidance they require until they leave Sixth Form.

Our house staff are all highly experienced in boarding and have completed Boarding Schools' Association training as well as first-aid and mental health training. They work closely with the school nurses, the Heads of Years, the Chaplain, the Deputy Head (Pastoral) and the teaching staff .

Role	Background Information
Housemistress of Malvern Mrs Sarah Mulready: 	<p>Sarah teaches mathematics and coaches netball. Sarah is highly experienced in Truro School boarding. She has been Resident Tutor in Poltisco and Girls' Deputy Housemistress while living in Pentreve. Sarah grew up in Cornwall. She is married and has three young daughters, Poppy, Matilda and Bella, and a son Sebastian. Her hobbies include swimming, cycling and running.</p> <p><i>"Malvern very quickly feels like home; somewhere that the girl boarders feel safe, supported and valued for their own unique talents and abilities. Truro School has a lot to offer, both academically and in the wider co-curricular sense, and I aim to help the girls develop their skills, pursue their dreams, and make lasting friendships"</i> Sarah Mulready</p>
Housemaster of Trennick Mr Tom Copeland: 	<p>Tom joined Truro School in 2016 after teaching at Millfield School in Somerset. Tom has also taught in boarding schools in Switzerland, Oxford and New Zealand. He teaches maths and enjoys coaching rugby. Tom comes from Truro and is extremely happy to live and work in Cornwall. Alex, Tom's wife, is a History teacher and helps in Trennick. Their eldest son Harry is a student at the school and will be joined soon by his younger brother Charlie. Tom is an enthusiastic cyclist, sailor and hiker.</p> <p><i>"Trennick staff and boarders are guided by the Cornish values of community, tolerance, humility, respect and kindness. Boys are encouraged to develop their independent living skills, their social skills, and their hobbies and interests".</i> Tom Copeland</p>
Housemaster of Poltisco Mr Andy Lawrence: 	<p>Andy teaches Computer Science and Physical Education. He has been with Truro School for over thirty years and has gained a huge amount of experience within the boarding community. Andy is involved with the coaching and managing of various sports teams and he is also the Head of Cricket. Andy is married to Jackie and they have two children Matthew & Bryony who are currently in Higher Education. He enjoys rugby and American football, is a County Society rugby referee and an enthusiastic mountain biker.</p> <p><i>"Poltisco really is an international 'home from home' and the staff work tirelessly to ensure that the boys gain a positive feeling of mutual respect of different cultures."</i> Andy Lawrence</p>
Housemistress of Pentreve Miss Kensa Broadhurst 	<p>Kensa is a highly experienced Housemistress - she has been involved in boarding at Stonar School, Stover School and the Royal High School in Bath. Kensa teaches Modern Foreign Languages and she is also involved in voluntary work to promote the revival of the Cornish language.</p> <p>Kensa is also a keen musician and performs in local orchestras - her passion for music is regularly shared with the boarders especially the girl choristers in her care.</p> <p><i>"Boarding in Pentreve allows each girl to flourish, develop in their own time and in their own way, but with the team support of both their own family and their boarding family"</i> Kensa Broadhurst</p>

Travelling to and from Truro School

Arrival time at the beginning of each term should be between 2pm and 9pm. For boarders living overseas there is a school shuttle bus that leaves Heathrow at 10am. Some older boarders prefer to travel by train. Tickets and train times can be found on www.thetrainline.com.

At the start of each holiday the boarding houses close at the times indicated below. For the longer holidays (October half-term, Christmas, Easter and Summer) a school bus arrives at Heathrow at 3pm on the dates below.

Most of the overseas boarders prefer to stay within the UK for the shorter holidays (February and May half-term) so there is no bus to or from Heathrow.

All travel information including time of departure or arrival and mode of transport must be passed to the house staff well in advance of each holiday. House staff are more than happy to help advise parents and boarders with transport and book seats on the Heathrow bus.

Autumn Term 2018	
Boarders' transport leaves Heathrow at 10am	Saturday 1 September
New Boarders arrive 2pm to 9pm	Saturday 1 September
Returning boarders arrive 2pm to 9pm	Tuesday 4 September
Autumn Term begins	Wednesday 5 September
Half Term	22 October - 2 November
Boarders' transport arrives Heathrow at 3pm	Friday 19 October
Boarding houses close 6pm	Friday 19 October
Boarders' transport leaves Heathrow at 10am	Sunday 4 November
Boarders return 2pm to 9pm	Sunday 4 November
End of Term	Friday 14 December
Boarding houses close at 10am	Saturday 15 December
Boarders' transport arrives Heathrow at 3pm	Saturday 15 December
Spring Term 2019	
Boarders' transport leaves Heathrow at 10am	Sunday 6 January
Boarders return 2pm to 9pm	Sunday 6 January
Spring Term begins	Monday 7 January
Half Term	18 – 22 February
Boarding houses close 6pm	Friday 15 February
Boarders return 2pm to 9pm	Sunday 24 February
End of Term	Friday 5 April
Boarding houses close at 10am	Saturday 6 April
Boarders' transport arrives Heathrow at 3pm	Saturday 6 April
Summer Term 2019	
Boarders' transport leaves Heathrow at 10am	Tuesday 23 April
Boarders return 2pm to 9pm	Tuesday 23 April
Summer Term begins	Wednesday 24 April
Half Term	27 – 31 May
Boarding houses close at 6pm	Friday 24 May
Boarders return 2pm to 9pm	Sunday 2 June
End of Term	Friday 5 July
Boarding houses close at 10am	Saturday 6 July
Boarders' transport arrives Heathrow at 3pm	Saturday 6 July

Induction for New Boarders

Aims and objectives

Many students new to boarding arrive feeling excited and nervous. New boarders are welcomed into the boarding houses which open the weekend before term starts. A full and varied programme of activities then takes place to help boarders settle into their new rooms and quickly make friends with other boarders. By the end of the weekend the new boarders will be fully familiar with the common rooms, kitchens, games rooms and laundry room, the school dining room, the school library, the Sir Ben Ainslie Sports Centre, the nurses and the medical centre, the uniform shop and the City of Truro. They will also take part on a trip to one of the many beautiful Cornish beaches and take part in a water-sports activity such as surfing or kayaking.

New boarders who arrive in the middle of the academic year will enjoy a shortened version of the weekend induction programme.

Saturday

- 10.00am Heathrow shuttle bus departs
- 2:00pm Boarding houses open
- 5.45pm Welcome supper in the dining room for new boarders and their families
- Evening Unpacking, house familiarisation and social event with other new boarders

Sunday

- 10.45am Brunch
- 11:30am Beach trip, picnic and ice-cream and surf or kayak lesson
- 5.45pm Boarders Supper
- Evening Social event in the senior houses

Monday

- 8.00am Breakfast
- 9.00am Introduction to Truro Fencing Club, coffee with the Chaplain & briefing with the nurses
- 12.45pm Lunch
- 1.45pm Introduction to EAL teaching
- 3.30pm Familiarisation trip to the City of Truro
- 5.45pm Boarders supper
- Evening Basketball, indoor football and gym induction in the Sir Ben Ainslie Sports Centre

Tuesday

- 8:00am Breakfast
- Morning 1st and L6th School Induction Programme, 2nd to 4th Years School Orienteering Challenge
- 1.00pm School Lunch
- Afternoon Visit to School Uniform Shop and shopping trip to Truro
- 5.45pm Welcome BBQ for all boarders and their families
- Evening Meeting and socialising with returning boarders and preparing for the first day of school

Wednesday (Start of Term)

- 8:00am Breakfast
- 8:45am Registration with tutor group

Pastoral Care

House staff

Housemasters and Housemistresses co-ordinate the pastoral care of boarders and are keen to help and support with the many challenges teenagers face. They are all passionate about encouraging boarders to take positive action which enables them to have the best academic, co-curricular, social and personal outcomes.

Each house also has a Resident House Tutor, who helps run the house for one evening per week and some weekends. There are also two Non-resident House Tutors who help during one weekday evening each. All tutors assist with the pastoral care of the boarders and any boarder in any house can turn to any of the tutors for help, advice or support.



Tutors and Heads of Year

In addition to being in the care of a Housemaster or Housemistress, every student is in a Form, and the Form Tutor is an important person with whom students will have daily contact. He or she will be responsible for registering students every day, and is there to help, guide and monitor students in conjunction with house staff as they progress in the School. Heads of Year manage the tutor system and work closely with Housemasters and Housemistresses with pastoral and academic care of boarders.

Head of 1st Year - Catherine McCabe

E-mail csm@truroschoo.com

Head of 3rd Year - Roger Picton

E-mail rtp@truroschoo.com

Head of 5th Year - Jo Egar

E-mail jre@truroschoo.com

Head of Sixth Form - Ross Williamson

E-mail rmw@truroschoo.com

Head of 2nd Year - Melissa MacLeod

E-mail mem@truroschoo.com

Head of 4th Year - Glynn Hooper

E-mail gdh@truroschoo.com

Assistant Head of Sixth Form - Lucy Jupp

E-mail lrj@truroschoo.com



Chaplain

The Chaplain, Rev Aubin de Gruchy, (pictured) plays a key role in the pastoral care of boarders. He regularly spends time in the boarding houses during the evening and he enjoys helping support boarders - especially new boarders during their transition into boarding.

The Chaplain also leads boarders' chapel services which happen once every half-term. He has an office near the Chapel and his door is always open for boarders. Aubin adopts a very non-judgemental and supportive approach and he works tirelessly to promote effective and positive mental health for all students in the school.

Prefects and Buddies

There are a Head of House, Deputy Head of House, and House Prefects for girls and boys boarding who are in the Upper Sixth and live in Trennick and Malvern. Most of them have boarded in the junior houses and are keen to keep strong links with the junior boarders.

Each boarder has a school buddy, who is a day student, and a house buddy, who is a boarder to help them settle in. There are also house prefects whose responsibilities include helping guide and support new boarders as they settle in.



Medical Centre

The school has a modern, well-equipped Medical Centre run by Nurse Corden Lloyd and Nurse Trevail who are both registered nurses experienced in children's health. The medical centre is open from 8:30am to 5pm on Mondays to Fridays and is reserved for boarders' use from 8:30am to 9am. Dr. Short, from a nearby surgery visits on Tuesdays specifically to help boarders. A trained and experienced counsellor also visits the Medical Centre - boarders can make appointments with the counsellor by asking the nurses. The nurses can also make appointment with local medical services such as dentists or opticians.

During boarding hours (evenings, overnight, and weekends) one of the nurses is on call and available for help, advice and support for boarders. Boarding staff can also make appointments with an out-of-hours doctors surgery if needed or take boarders to the Accident and Emergency department at the Royal Cornwall Hospital which is a ten to fifteen minute drive from school.

Parents of new boarders must complete a medical questionnaire and return it to school before the boarder arrives. During their induction new boarders visit the medical centre to receive a medical screening and briefing from the nurses. The nurses work closely with the boarding staff to ensure that medical needs of boarders are met.

A stock of paracetamol and ibuprofen are kept in the boarding house duty offices for treating symptoms such as headaches and minor aches or pains. Boarders can ask the member of staff on duty for some paracetamol or ibuprofen. Prescribed drugs can also be kept in the locked medical cabinet in the house duty offices. With permission, boarders may be allowed to keep their prescribed drugs in their lockable space in their room and self-medicate.

Under no circumstances are any boarders allowed to bring medication into the boarding house unless they have permission from their Housemaster or Housemistress.



Nurse Corden-Lloyd



Nurse Trevail



Communication between boarders, parents and school

Communication between parents and boarders

All boarders must have a mobile phone and the school recommends a smartphone. The school provides wi-fi which allows boarders to communicate home using the internet for free. The school wi-fi is switched off at night and there will be occasions when boarders hand in their phones overnight in order for them to stand a better chance of getting a good night's sleep. Boarders are welcome to use the house office phone if needed. Parents are welcome to phone the house mobile anytime if they need to contact their sons and daughters.

Communication between parents and school

Parents can contact Housemasters and Housemistresses through e-mail or the house office phone, which are checked during office hours (weekdays 8:30am to 5pm), or the house duty phone which is answered afternoons from 4pm, evenings, overnight to 7:30am, and all weekend.

Trennick Housemaster - Tom Copeland

E-mail thc@truroschool.com
Trennick office 01872 246033
Trennick mobile 07730 525260

Poltisco Housemaster - Andy Lawrence

E-mail adl@truroschool.com
Poltisco office 01872 246105
Poltisco mobile 07841 336605

Malvern Housemistress - Sarah Mulready

E-mail sem@truroschool.com
Malvern office 01872 246030
Malvern mobile 07730 525261

Pentreve House - Kensa Broadhurst

E-mail keb@truroschool.com
Pentreve office 01872 246029
Pentreve mobile 07808 774357

Medical centre - Nurse Trevail and Nurse Cordon-Lloyd

E-mail medic@truroschool.com
Office 01872 246020

Finance Office

E-mail salesledger@truroschool.com
Office 01872 246015

Deputy Head (Pastoral) - Mrs. Emma Ellison

E-mail eke@truroschool.com
Office 01872 246067

Deputy Head (Academic) - Dr. Shaun Pope

E-mail skp@truroschool.com
Office 01872 246021

School Office

E-mail enquiries@truroschool.com
Office 01872 272763

Admissions Office - Mrs. Jayne Grigg

E-mail jeg@truroschool.com
Office 01872 246007

Headmaster - Mr. Andrew Gordon Brown

E-mail headmaster@truroschool.com
Office 01872 246008

School Address

Truro School, Trennick Lane,
Truro, Cornwall, TR1 1TH

Boarding House Rules

The boarding houses are run by the house staff mainly on trust and respect, hence there are very few non-negotiable expectations. These are simple and straightforward but it is important that they are followed correctly.

- Boarders must be up on time and ready for school at morning roll-call.
- 1st – 5th year boarders may not return to the boarding house from 8am to 3:45pm. Lower Sixth boarders may return during lunch-time only. Upper Sixth may return to the house after 12pm.
- Bedrooms need to be kept tidy and boarders need to help keep the common rooms, games rooms and kitchens tidy.
- Boarders can only enter other boarder's bedrooms when the boarder is present or they have express permission from the boarder to enter the room.
- All boarders should have a mobile phone on which they store the house mobile number. When going off campus boarders must take their phone and answer it if the member of staff on duty phones.
- Boarders must sign-in and sign-out of the boarding houses.
- Any guests to the house must be signed in and introduced to the member of staff on duty. They must also only stay in the communal areas and are not permitted in bedrooms.
- When visiting Truro from 3:45pm to 5:40pm, 1st to 4th years need permission from a member of staff and must go in at least pairs; 5th years and Sixth Form can just sign-out. In the evenings 1st to 4th years may not visit Truro. 5th years and Sixth Form may visit Truro with the permission from a member of staff who will agree timings and locations.
- Weekend arrangements must be clarified in advance and the correct permission must be sought from the parents of the boarder, the house staff and the parents of the pupils whose house they may be visiting.
- Under no circumstances must any boarder travel in a car, with the exception of their family car, without the express permission of their parents and Housemaster/mistress.
- During prep boarders should be quietly studying, revising or reading around a subject.
- Boarders must stay in their bedrooms after lights-out unless there is an emergency.
- Attendance at roll-calls is compulsory.

Boarders' Code of Conduct

- Be respectful to others, their space and property.
- Respect other people's working patterns – for example, by being quiet when room-mates want to finish work in free time.
- Be polite – whether there are adults present or not - open doors and greet staff and visitors.
- Trust each other, and be trustworthy, honest and kind.
- Look after each other. We all have a responsibility, adults and students, to make sure that boarders are safe and happy. This also includes situations outside school.
- Challenge ourselves and develop our interests – there are lots of opportunities to try new things and see new places– we should make the most of them.
- Have fun! We enjoy each others' company and being a group as well as individuals.

Inside a boarding house

Each boarding house is made up of:

- twin or triple bedrooms for 1st to 3rd year boarders
- twin bedrooms for 4th and 5th year boarders
- single bedrooms for Sixth Form boarders
- kitchen with fridge, microwave and kettle
- common room
- games room
- bathrooms
- laundry room with washing machine, dryer and iron
- study room with computers linked to the school network
- accommodation for Housemaster/mistress and Resident House Tutor



Students' Rooms

Depending on their age students may have their own room (mainly sixth form) or they may share in a larger room. Everyone has their own bed, wardrobe, desk, chair, storage space and a lockable space. Each student also has a personal pin-board so they can bring along photographs and posters which they can put up to quickly make their room feel like home.

Bedding - pillows and pillow cases, duvets and duvet covers, and sheets - is provided but many boarders prefer to bring their own from home.

None of the rooms in Truro School's boarding houses are 'en suite' but there are many showers and toilets close to each bedroom.

The communal areas of each boarding houses are cleaned daily. Boarders' bedrooms are cleaned several times a week.

Safety and security

The entrance door to each boarding house is opened using an electronic wristband or by entering a code on a combination lock. After bedtime the member of staff on duty ensures that windows and doors are secured before turning on an intruder alarm. Overnight a security company patrols the site. Fire drills are carried out once a term. New boarders will be fully briefed about safety and security during their induction.

Food and drinks

Breakfast is eaten in the school dining room and consists of cereals, toast, fruit juice, hot drinks and either a selection of continental pastries or a full English cooked breakfast.

At **lunch** time boarders have the same options as the day students:

- Hot or Cold Buffet
- Pasta and Jacket Potato Bar
- Take-away picnic lunch
- Sixth Form Cafe (Sixth Form only)

Boarders' **supper** is also served in the school dining hall but it is much more relaxed than the school lunch time. Boarders can sit where they want and with whoever they want, staff and their families will be dining with them and it is a very social occasion.

At weekends breakfast and lunch are combined into one meal called **brunch** which is served mid-morning. Boarders can take away sandwiches and brunch items to eat later in the day.

The catering staff provide a three week **menu** which is published on house notice boards so our students know what to expect in advance.

Sample Supper Menu

Summer Week 1	Monday Supper	Tuesday Supper	Wednesday Supper	Thursday Supper	Friday Supper	Saturday Supper	Sunday Supper
	S	U	P Italian Night	P	E	R	
Main Course	Cajun Griddled Chicken Breast with Mango Mayo	Turkey Breast Strips in Peanut & Chilli Sauce with Wholemeal Coconut Rice	Chicken Thighs with Sweet Pepper & Pepper Sauce with Baby Pasta Shells	Minted Lamb & Apricot Tagine with Couscous	Beef & Rostii Hot Pot	Mixed Grill	Lemon & Herb Roast Chicken
Main Course	Minced Beef Stuffed Tomato with Parmesan	Roast Maple Syrup & Grain Mustard Gammon with Mustard Béchamel	Escalope of Pork Neapolitan	Summer Chicken, Carrot, Celery, Pea, Parsley & Pot Barley Stew	Chorizo & Potato Hash with Fried Eggs		Salmon & Asparagus Pasta
Vegetarian	Quorn 'Meatballs' with Spaghetti in Tomato Sauce	Stuffed Portabella Mushroom	Aubergine & Courgette Parmigiana	Spinach & feta Filo Pie	Sun-blushed Tomato & Mushroom Frittata	Veggie Sausage Veggie Burger	Vegetable Gumbo & Rice
Vegetables Potatoes or Other Carb	Courgettes Sugar Snaps Croquette Potatoes	Cauliflower Runner Beans Parsley Potatoes	Peas, Broad Beans & Green Beans Garlic Bread	Broccoli Swede Gratin Potatoes	Cabbage Carrots Herby Mashed Potatoes	Peas & Sweetcorn Curly Fries	Cabbage Cauliflower Roast Potatoes
Hot Dessert	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice
Cold Dessert	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad	Selection of Cold Puddings, Fresh Fruit Salad
Pasta Bar	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice
Jacket Potatoes	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise	Cheese Baked Beans Tuna Mayonnaise
Salad Bar	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes	Selection of Plain & Mixed Salads and main dishes

Snacks, such as fruit, toast and hot chocolate are available in the boarding houses for a late evening supper. Other snacks such as crisps and cakes are provided at weekends. All boarders have access to their house kitchen and can store their own food in the house fridge. Each kitchen has a microwave and kettle.

Clothes, passports, phones and pocket money

Passports and pocket money

All boarders are provided with a lockable space in which they should keep wallets and other valuables. 1st to 4th year boarders are encouraged to hand their passports and pocket money in for safe keeping in the house office. They are welcome to withdraw pocket money and their passports whenever needed. 5th year and Sixth Form boarders are encouraged to look after their own passports and pocket money - many open a back account with a local bank. In an emergency boarders may take a cash advance from the Finance Office the sum of which will be added to their school bill. There will be a 5% charge on cash above the sum of £20 being taken out by boarders.

Mobile phones

Each boarder needs to have a working mobile phone so that they can be quickly contacted by staff or they can contact staff when they are off campus such as visiting Truro or on a weekend boarders' trip. Mobile phones must have a security code and should be marked with the student's name.

School Uniform

For full details of uniform, games kit and equipment please see the parents' handbook which can be found on the school website.

The uniform shop is on-site and open most days. New boarders have reserved access to the uniform shop for an afternoon during their induction.

There are many clothing shops such as Primark and Marks & Spencer in Truro. These shops are within a ten-minute walk from the school and boarders can visit Truro during the afternoons and weekends.

Other clothing and equipment for boarders

- ◇ two or three sets of clothes to relax in such as jeans, trainers, t-shirts, jumpers, and shorts
- ◇ wash-kit and towel
- ◇ waterproof raincoat
- ◇ optional swimming kit for use at the beach and swimming pool
- ◇ optional sports kit (this could be school games kit) for use in the evenings
- ◇ optional sheets, duvet covers and pillow cases (these are provided in the houses but some boarders prefer to bring their own)
- ◇ mobile phone and charger
- ◇ optional personal items for bedroom such as photos and pictures

Laundry

Boarders can wash, dry and iron their clothes in the house laundry room or can send it to the school laundry. The school laundry returns washed and ironed clothes within a few days. The importance of having items of clothing and all possessions clearly named and the importance of keeping valuable items in lockable spaces cannot be over-emphasised.

Stationery and school equipment

Tesco's supermarket and Office Outlet are two stores that are within a ten-minute walk from school. Boarders will be taken to these two stores during their induction. There are several other shops in the city of Truro which is within a fifteen minute walk of the boarding houses.

Sports, music, drama and other activities

Music

Truro School offers opportunities for students to participate in many ensembles, orchestras, bands and choirs. During the school year many of these groups perform in public. In addition, individual tuition is available to all students in the complete range of orchestral instruments such as piano, organ, guitar and voice. Many boarders take part in the annual school charity concert. A real highlight of the boarding calendar is the boarding charity concert which takes place in May.



Cyrus Chan (Trennick) in the Senior Charity Concert

Sport



Tung Wong (second from right, Malvern) receives a silver medal at the National Badminton Championships

Sport is a great strength of the school. There is a wide variety of sports on offer including rugby, football, cricket, tennis, squash, badminton, basketball, rounders, athletics, hockey, swimming and trampolining. Many of the school sports teams compete in National competitions and have weekly fixtures against local schools. Most boarders are involved with at least one sport and many go on to be awarded their school sports colours. Some boarders take part in local sports teams such as Truro Basketball Club and Truro Fencing Club.

Drama

Many of the boarders enjoy performing in the school plays. The main school play takes place in November in the Burrell Theatre. The junior school play is shown in June and is performed by 1st to 4th year students. Recent productions have included Snow Queen, Fiddler on the Roof and The Odyssey. Housemasters/mistresses are keen supporters of school plays and will book tickets for the boarders and take them to watch each production.



Amy Lindon-Travers (second from left, Pentreve) and Anson Yu (right, Petreve) in The Odyssey

Ten Tors Challenge and Duke of Edinburgh Award



Callum Penry (far right, Trennick) on Dartmoor

The South-West of England is blessed with beautiful hiking areas including the Cornwall Coast Path, Dartmoor National Park and Exmoor National Park. Training hikes and assessed expeditions take place at weekends. Those that take part not only enjoy the stunning scenery but also develop valuable life-skills such as teamwork and self-organisation. Those that complete the Ten Tors Challenge and the Duke of Edinburgh Awards are presented with medals and certificates to recognise their achievements.

Activities and clubs

Boarders at Truro School can enjoy the huge range of clubs and activities on offer. Boarders can choose to participate in activities such as chess, wargaming, snorkelling, sailing, debating and Model United Nations. All boarders are expected to develop and follow interests, hobbies and passions that are creative and social. A full list of clubs and activities are in the school calendar.



Chloe Dobbs (Malvern) and Joe Tanzer (Trennick) at the Model United Nations conference

Sir Ben Ainslie Sports Centre

Boarders are able to enjoy extra use of the outstanding Sir Ben Ainslie Sports Centre during evenings and weekends. Many regularly use the state-of-the-art gym and all enjoy the boarders-only sessions.

Mondays	9:00pm to 10:00pm	Seniors' basketball
	9:00pm to 10:00pm	Community swim which seniors can attend
Tuesdays	9:00pm to 10:00pm	Seniors' indoor football
	8:00pm to 9:00pm	Juniors' gym
Wednesdays	9:00pm to 10:00pm	Seniors' basketball
	8:00pm to 9:00pm	Boarders only swim
Thursdays	8:00pm to 9:00pm	Juniors' gym
	8:00pm to 9:30pm	Boarders' astro football
Fridays	8:00pm to 9:00pm	Boarders' badminton
	9:00pm to 10:00pm	Seniors' basketball
Saturdays	10:00am to 12:00pm	Juniors' gym

All boarders need to take their school wristband and sign in at reception.

Boarders who wish to use the gym need to complete an induction.
This can be booked at the SBA reception and is best booked in pairs.

Seniors who have completed their induction can use the gym on weeknights



Boarders' Saturday evening socials

On Saturday evenings the boarders in each house come together for a social activity. Boarders are encouraged to put their phones and laptops to one side and enjoy each other's company in a variety of friendly and simple activities. All boarders contribute to ideas for Saturday evening social activities and in the senior houses these activities tend to be led by the prefects. Most of the activities are in house or on-site, some are in Truro and occasionally in the Summer Term boarders will go to the nearby Boscawen Park or further afield to the beach. Typical Saturday evening social activities are listed below..



- General knowledge quiz
- BBQ
- Movie & popcorn
- Pool tournament
- Cooking spaghetti bolognese
- Homemade pizzas
- Board games
- Card games
- Outdoor giant chess
- Table-tennis competition
- Champions league final
- Make-up evening
- Playstation competition
- Table football tournament
- Ice-cream at Boscawen park
- Cinema trip
- Trip to the Burrell Theatre or the Hall for Cornwall
- Cake and ice-cream in Truro

Boarders' Trips and Activities

Boarders' trips and activities take place at weekends and occasionally during week day evenings. The trips are an opportunity for the boarding community to come together, to have fun, to learn something new and to give boarders the chance to visit the many attractions of Cornwall. Cornwall is one of the top tourist destinations in the UK and is blessed with outstanding places to visit. These include the internationally renowned Eden Project, Falmouth Maritime Museum, and the Tate Modern Art Gallery at St Ives.

There are also many local clubs which boarders join. These include Truro Rugby Club, Truro Tennis Club, Gyllynvase Surf Life Saving Club, Truro Basketball Club, Perranporth Surf School, Truro Fencing Club, Truro Sea Scouts, Loe Beach Watersports Centre, and Truro Hockey Club.

- Surf lessons at Perranporth beach
- Golf at Holywell
- Tate Modern Art Gallery at St Ives
- Go-karting
- Ice Skating at the Eden Project
- Dry slope skiing and snowboarding at the Plymouth Ski Centre
- Football matches at Plymouth Argyle
- Enterprise Boat trips down the River Fal
- Walking the Cornwall Coastal Path
- Concerts and plays at the Hall for Cornwall Theatre
- Combat Lazer (indoors and outdoors)
- Christmas shopping in Plymouth or Exeter
- Paintballing
- National Maritime Museum at Falmouth
- Kayaking and paddle-boarding at Loe beach
- Concerts and plays at the clifftop outdoor Minack Theatre



Daily Routine

Weekday mornings

7.15am	Wake-up
7.55am	Roll-Call and Breakfast

The school day

8:45am to 3:45pm	Registration and morning lessons start at 8:55am and finish at 1pm. Lunch and activities start at 1pm and finish at 2pm Afternoon lessons start at 2pm and finish at 3:45pm
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Afternoons

3:45am to 5:40pm	Boarders should to take full advantage of the huge range of activities of offer . Boarders can also go back to house and relax, study and socialise. 1st to 4th year boarders may go into Truro in at least pairs and with permission. 5th year and Sixth Form boarders may sign out and go into Truro
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Weekday evenings

5.40pm	Roll call and supper in the Dining Hall
6:20pm	Prep for 1st to 4th years 6:20pm to 7:20pm in the library & 7:30pm to 8:00pm in house Prep for 5th years and Sixth Form 6:30pm to 8:30pm in the library or in house On Fridays, prep for all boarders is from 6:30pm to 7:30pm in the boarding houses
8.30pm	Evening activities: boarders have a range of activities in the evenings including basketball, gym, floodlit football, swimming and badminton. Sixth Form may go into Truro with permission
9.00pm	1st and 2nd years' roll call (Friday roll call times are the same but bedtimes are thirty minutes later)
9:15pm	1st and 2nd years start getting ready for bed
9.30pm	3rd and 4th years' roll call. 1st and 2nd years' lights out.
9.45pm	3rd and 4th years start getting ready for bed
10.00pm	5th years' and Sixth Form roll call. 3rd and 4th years' lights out.
10.15pm	5th years start getting ready for bed
10.30pm	Lower Sixth start getting ready for bed, 5th years' lights out
10:45pm	Upper Sixth start getting ready for bed, Lower Sixth lights out
11:00pm	Upper Sixth lights outs

Saturdays and Sundays

9:45am	Roll Call & brunch in the Dining Hall (9:45am on Saturdays, 10:45am on Sundays)
11:30am	School sports fixtures and/or house activities and trips (see page 20)
5:40pm	Roll call & supper in the Dining Hall
Evening	Saturday house social event such as BBQ, table tennis competition, pizzas or movies 5th year and Sixth Form boarders may go into Truro with permission Saturday bedtimes are half-an-hour later than weekdays Sunday prep is in house from 6:30pm to 7:30pm The rest of the evening is spent tidying rooms, doing laundry and preparing for the next week Sunday bedtimes are the same as a weeknight

Other useful information

Truro School Website

www.truroschool.com

Train times and tickets to and from Truro Station

www.thetrainline.com

Truro School Policies

These can be found on the school's website. It is worth being familiar with the following policies which are particularly relevant to boarders;

Administration of medications policy

Behaviour policy—rewards and sanctions

Guardianship policy

Missing pupils policy

Mobile devices policy

Boarders' Blog

Weekly updates from each boarding house are posted on the school's website. The blogs highlight some of the achievements and activities of the boarders and provide a valuable insight into their boarding experiences.

New Pupil Handbook and New Parent Handbook

These can also be found on the school's website and provides useful information about the school especially in terms of lessons and academic study, uniform and equipment, and extra-curricular opportunities.

Truro School ISI Inspection Report 2017

The Independent Schools' Inspectorate carried out a full inspection of the school in 2017 and the report can be found on the school's website. Boarding featured prominently in the report and the boarding community took great pride in the many positive findings, some of which are highlighted below.

"Boarders' views are actively encouraged and their opinions and concerns are appropriately considered by staff"

"The close and happy boarding community enables boarding pupils to develop a sense of autonomy whilst participating fully in the life of the school."

"International boarders spoke of the carefully targeted and intensive EAL help they received when they first arrived and how this built their confidence."

"Boarders spoke of their strong sense of community and the social benefits of living in a very diverse community."

"In boarding, pupils enjoy cookery sessions with house staff at weekends and help learn about nutrition and its importance."

Campus Map



key

- 1 School Reception
- 2 Headmaster's Visitor Parking
- 3 Chapel
- 4 Heseltine Gallery & Studio
- 5 Trennick Boarding House
- 6 Medical Centre
- 7 Learning Support Centre
- 8 Library
- 9 ICT Department
- 10 Music Department
- 11 Modern Foreign Languages Department
- 12 Burrell Classrooms
 - History Department
 - Psychology Department
- 13 Burrell Theatre
 - Drama Department
- 14 Art and Design & Technology Departments
- 15 Sports Hall
- 16 Outdoor Education Centre
- 17 5th Year Common Room
- 18 Maths Department
- 19 Sixth Form Café
- 20 Sixth Form Centre
- 21 Physics & Chemistry Departments
- 22 Graham Smith Block
 - Geography Department
 - Geology Department
 - English Department
- 23 Biology Department
- 24 Gymnasium
- 25 Swimming Pool
- 26 Sir Ben Ainslie Sports Centre
 - Business Studies Department
 - Economics Department
 - Physical Education Department
- 27 Religious Studies Department
- 28 Overflow Car Park
- 29 Poltisco Boarding House
- 30 Pentrewe Boarding House
- 31 Malvern Boarding House



Car Park for Pentrewe and Malvern

16 = Malvern House
19 = Pentrewe House

29 = Poltisco House
Car Park approached off Malpas Road

Car Park for arriving at Trennick

24 = Trennick House
1 = Main Front Door

www.truroschoo.com

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